

## **STARTER LIST**

**Arrive ½ Hour Ahead of Meet**

**Check Pool**

- Depth
- Clarity
- Water Temperature
- Starting Platforms Secure
- Backstroke Flags
- Starting Device Working
- Recall Rope/Device
- 15 Meter/16.4 Yards Marking
- Diving Board

**Assign Duties to Fellow Officials**

- 1<sup>st</sup> & 2<sup>nd</sup> Place Timed
- Finish Judge
- Confirm Individual # of Entries
- Score Confirmation

**Timing Devices Available/In Place**

- Review Plungers/Stop Watches
- Plungers
  - Nondominate Hand/Index
- Watches
  - Dominate Hand/Index
  - 2 if No Automatic Timing

**Check With Coaches for Exhibition Swimmers and Possible Extra Heats**

**Diving Sheets/15 min. Prior to Meet**

- Signature – Coach/Diver
- 1 Voluntary Dive/dd no more 1.8
- 5 Optional Dives/ 4 Groups
- Diver eligibility
  - Boy/Girl Declared Opposite for the Season

**Have Sportsmanship Message read Prior to Start of Meet**

## **CAPTAINS LIST**

**Intro Officials**

**Intro Captains**

**Lane Choice (odd/even)**

- Visiting team decides

**Boys or Girls 1<sup>st</sup>**

- Home team decides

**No Jewelry**

**No False Starts**

**500 Free Lap Counters available**

**Clarify Changes in Rules**

**Any Physical Limitations/Tape**

**Any Bathing Suit Problems**

**Team Captains**

- Assist in Team Control

**Any Questions???**

**GOOD LUCK!!!**

## **REFEREE START**

**Check – Jewelry & Swimmer/Block**

- Backstroke Feet

**Announce Event**

**Blow Whistle**

**Judges and Timers Ready**

**Step up**

**Take Your Mark**

**Check feet**

**Buzzer**

**Stand Up (if necessary)**

**500 Sounding Device/2 lengths + 5 Yd.**

**200 Medley Relay**

**200 Free**

**200 I.M.**

**50 Free**

**Diving**

**100 Butterfly**

**100 Free**

**500 Free**

**200 Free Relay**

**100 Backstroke**

**100 Breaststroke**

**400 Free Relay**